

## NEWSLETTER

### Directors of the WBHOA and their portfolios

At the past AGM, the following directors were elected/re-elected to the Board of Directors of the WBHOA:



Director	Estate	Portfolio
Pasco Lattuca	The Hills	<ul style="list-style-type: none"> <li>Chairperson</li> <li>Safety and Security</li> <li>Garden &amp; General Maintenance - The Hills</li> <li>The Hills Garden Project - 3-year plan</li> <li>Nature Valley - General and Eco Park Bird Viewing Deck &amp; Toilet Facility</li> </ul>
Anabel Vieira	The Hills	<ul style="list-style-type: none"> <li>Financial Administration</li> <li>Communication</li> </ul>
Mogree Mogorosi	The Hills	<ul style="list-style-type: none"> <li>Communication</li> <li>Aesthetics - The Hills</li> </ul>
Richard Butler	The Hills	<ul style="list-style-type: none"> <li>Garden &amp; General Maintenance - all estates</li> <li>The Hills Garden Project - 3-year plan</li> <li>Nature Valley - General and Eco Park Bird Viewing Deck &amp; Toilet Facility</li> </ul>
Hannes Grobler	Pavilions	<ul style="list-style-type: none"> <li>Financial Administration</li> <li>Garden &amp; General Maintenance - Pavilions</li> <li>Nature Valley - General</li> </ul>
David Minty	Pavilions	<ul style="list-style-type: none"> <li>Legal Administration</li> <li>Aesthetics - Pavilions</li> <li>Cycling &amp; Pedestrian Routes - Nature Valley</li> </ul>
Frans Labuschagne	Terraces	<ul style="list-style-type: none"> <li>Safety and Security</li> <li>Aesthetics - Terraces and Rules &amp; Regulations</li> <li>Nature Valley - General, Cycling &amp; Pedestrian Routes and Eco Park Bird Viewing Deck &amp; Toilet Facility</li> <li>Borehole Project - Review</li> </ul>
Callie Bofilatos	Terraces	<ul style="list-style-type: none"> <li>Aesthetics - Rules &amp; Regulations</li> <li>Communication</li> <li>Garden &amp; General Maintenance - Terraces</li> <li>Cycling &amp; Pedestrian Routes - Nature Valley</li> </ul>
Peter Anderson	Tuscany	<ul style="list-style-type: none"> <li>Garden &amp; General Maintenance - all estates and Tuscany</li> <li>Nature Valley'</li> <li>Tuscany Guardhouse &amp; Entrance Upgrade</li> <li>Borehole Project - Review</li> </ul>
Leentjie de Jong	Tuscany	<ul style="list-style-type: none"> <li>Legal Administration</li> <li>Communication</li> <li>Aesthetics - Tuscany</li> <li>Tuscany Guardhouse and Entrance Upgrade</li> </ul>

Please contact Madeleine Lottering from Pretor ([MadeleineL@pretor.co.za](mailto:MadeleineL@pretor.co.za)) or our Estate Manager, Marnus Sonnenberg ([securitywaterkloofb@gmail.com](mailto:securitywaterkloofb@gmail.com)), if you wish to direct a query to any of the directors.

## Upgrading of Guard Houses

The Terraces has completed their revamp and has been fully upgraded with new entrance finger/card scanners and a brand new paint job to welcome all the residents and their guests.



The next estate to go through the upgrade process will be Tuscany. The following is planned:

- Painting of the guardhouse and tile roof
- Putting a film on windows to soften the rays of the Eastern sun
- Purchasing various accessories for the guardhouse, such as a broom cupboard, microwave oven, small fridge, kettle, new locker cupboards, etc.
- Replacement of the booms and scanners
- Renovation of the paving where necessary
- Extension of the fountain
- Better lighting at the entrance gate and lighting at the bottom of the entrance at the gazebo

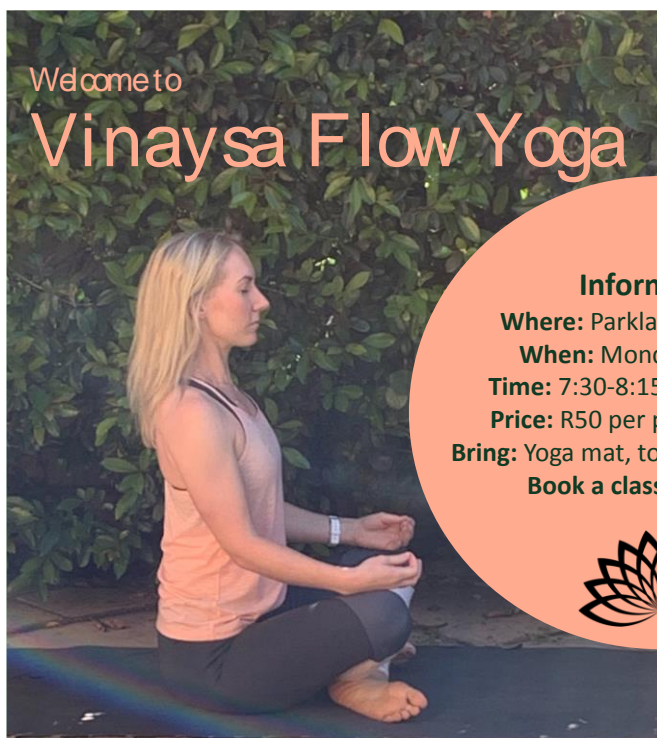
## Controlled veld burning in the Nature Valley



As indicated in our previous newsletter, controlled veld burning needs to be done every 3 to 4 years. As veld burning in our beautiful Nature Valley has not been done for the past 6 years, a controlled burning process is planned for some time around August 2021. Marnus and his team will do their best to protect small trees and wildlife. A notice will be sent out to the WBHOA Whatsapp Groups before we start with the burning.

## Initiatives at the Lapa in our Nature Valley

Besides the fitness classes of Fiddy Gey Van Pittius on Tuesdays and Thursdays, residents can now also attend Emma Ludvigsson's Vinaysa Flow Yoga classes on Monday mornings. See Fiddy and Emma's advertisements below:



Welcome to  
**Vinaysa Flow Yoga**

**Information**

**Where:** Parkland by the Lapa


**When:** Monday mornings


**Time:** 7:30-8:15 (45 mins class)

**Price:** R50 per person per class

**Bring:** Yoga mat, towel/blanket, water

**Book a class:** WhatsApp





**Contact**


Emma Ludvigsson

Certified Yoga Teacher (RYS 200)

WhatsApp: +27 73 593 54 95

Email: ehludvigsson@gmail.com

Also offers private lessons



## Fit & Fun SHAPE Classes

Join Fiddy every Tuesday and Thursday  
for a fun 45min Shape Class with music  
to get you functionally fit and conditioned.

**EXERCISE BOOSTS YOUR IMMUNE SYSTEM**

All levels of fitness welcome!

**Where:** At the Lapa in the Parkland [The Hills entrance]

**When:** Choose 07:30 or 16:30 class

**Bring:** Your towel, mat, a set of 2kg or 3kg dumbbells [optional] and a water bottle

**What:** 45mins of whole body conditioning with guidance & correction of exercises

**Cost:** R50/class

**How:** WhatsApp Fiddy on 082 907 2084 to join the group and get more info

Fiddy Gey Van Pittius

REGIONAL PRODUCT MANAGER VIRGIN ACTIVE / HPPA PERSONAL TRAINER / REEBOK & FITCO CERTIFIED INSTRUCTOR / MASTER TRAINER / TRAIN THE TRAINER CERTIFIED / BACHELOR DEG PSYCHOLOGY & COMMUNICATIONS / DIP NUTRITION / 35 YEARS OF TEACHING / NATIONAL ROAD CYCLING and MTB CHAMPION / EX PROFESSIONAL RUNNER & TRIATHLETE

## Wolwespruit/Community Project

We would like to tell you more about the Wolwespruit/Community Project which endeavours to extend the Wolwespruit Mountain Bike and Trail Park on the Eastern side of the N1 highway by means of a tunnel under the highway to the vacant property of the City of Tshwane and the South African Weather Services (SAWS) on the Western side of the highway. The aim of the project is to firstly rid the area of vagrants and secondly to provide a safe environment for Tshwane residents to enjoy the outdoors on foot or mountain bikes. It entails the development of an extended, integrated low impact use as part of an extended nature park around the Waterkloof- and Wolwespruit open space system as indicated on the map below.



Several meetings have been held between representatives from Wolwespruit, the WBHOA, other estates in the area (such as Waterkloof Heights Security Estate, Rigel Residents Estate, East Ridge and High Ridge), private owners and businesses in the area as well as SAWS. The original plan of action was that:

- the community (including the WBHOA, other estates and private owners in the area, schools which offer mountain biking as a sport and private businesses in the area) would raise the necessary funds to properly fence off the extended part of the Wolwespruit Mountain Bike and Trail Park on the Western side of the N1 highway,
- Wolwespruit would do the development of the extended part of the mountain bike and trail park and the subsequent maintenance of the park, and
- SAWS would provide the land, whether on a long term lease or gratis on condition that Wolwespruit keeps the property clean and in good condition.

SAWS have indicated that they cannot provide the land as National Treasury requires that a proper tender process is followed for the lease of the land. We now await the invitation for tenders to be sent out by SAWS after which the plan will be revisited.

## Next trail run event by Wolwespruit Mountain Bike and Trail Park

Please take note that Wolwespruit Mountain Bike and Trail Park will be hosting their next trail running event through their Park, the City of Tshwane and the SAWS property and our Nature Valley on Sunday, 14 March 2021.

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